



# Parent Consultation on Relationships and Sex Education

RSE stands for “**relationships and sex education**” and as part of Relationships and Health Education, is a new approach to teaching children about relationships and health.

The current curriculum has not been updated for 20 years. So much change has happened since then. Children need to learn what is relevant to them and the world they are growing up in.

The new Relationships and Health Education curriculum is designed to:

- Help all children grow up healthy, happy and safe.
- Give all children the knowledge to make informed decisions about their wellbeing, health and relationships.
- Support all children to manage the challenges and opportunities of modern Britain.
- Prepare all children for a successful adult lives.

A large orange semi-circle graphic on the left side of the slide.

## Common Principles

- We all want what is best for children.
- We want to protect children and to keep them safe.
- We want children to be healthy and happy.

**High quality RSE is part of this.**

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# Why the Curriculum is Changing....

- Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way.
- The Children and Social Work Act 2017 introduced a new legislation on Relationships Education, Relationships and Sex Education, and Health Education in Schools.
- Safeguarding Children is at the heart of Relationships and Sex Education.



# Overview of Teaching Expectations: Primary

Relationships Education (Primary)	Physical Health and Mental Well Being (Primary)
Families and People who care for me	Mental Wellbeing
Caring Friendships	Internet Safety and Harms
Respectful Relationships	Physical Health and Fitness
Online Relationships	Healthy Eating
Being Safe	Drugs, alcohol and tobacco
	Health and Prevention
	Basic First Aid
	Changing Adolescent Body



# What are the benefits of teaching RSE?

RSE explains the positive qualities of relationships, such as trust, respect and commitment as well as recognising that there are different types of relationships and families.

It raises the importance of educating children about gender equality, consent, relationships and sex in an age-appropriate way.

RSE can provide young people with the knowledge required to resist peer, partner and media pressure and understand issues of consent as well as what is and is not appropriate behaviour.

There is evidence that good quality RSE teaching can help young people to:

- Have consensual relationships
- Delay the age of first sexual encounters
- Prevent underage pregnancy
- Know who to report abuse to
- Have improved sexual health

# Relationships Education

What should children know about relationships and why?

1. What a positive, healthy, caring, safe relationship looks and feels like
2. How to speak up and get help when a relationship does NOT feel healthy/positive/safe
3. How to make and maintain positive relationships

(Online and offline relationships)

What does  
the government  
say is the aim  
of Relationships  
Education?

‘Today’s children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline....children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way’

DfE Guidance on Relationships Education, Sex Education and Health Education 2019



# What have schools got to teach?



## Relationships Education, Relationships and Sex Education (RSE) and Health Education

Statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, teachers

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### PRIMARY

- RELATIONSHIPS EDUCATION IS COMPUSLORY
- HEALTH EDUCATION IS COMPULSORY

But Sex Education is at school's discretion

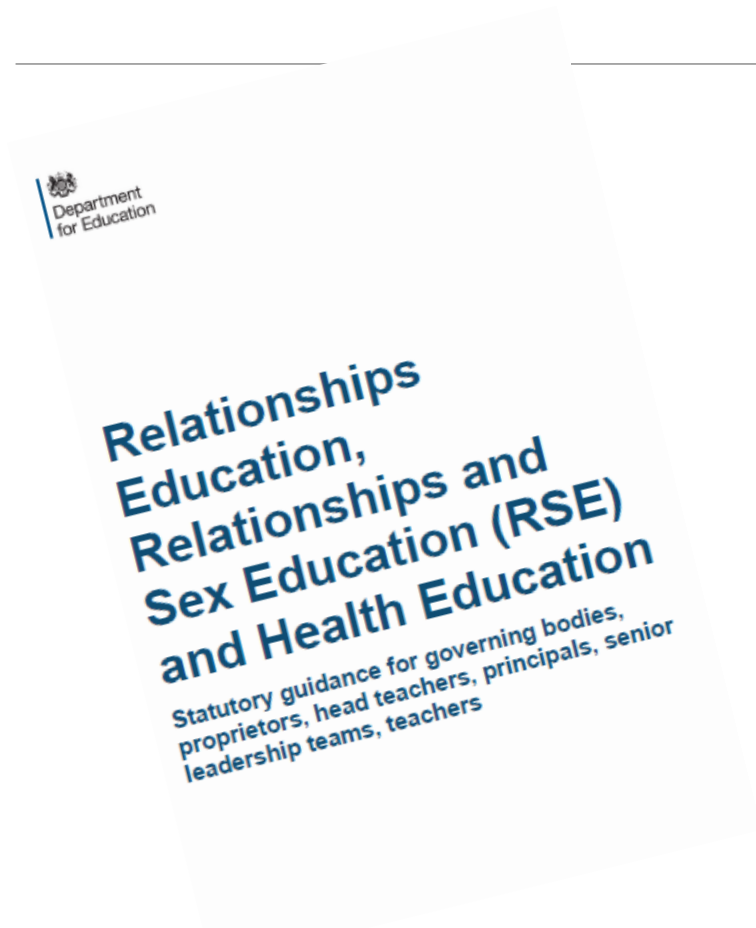
### SECONDARY

- RELATIONSHIPS EDUCATION IS COMPULSORY
- SEX EDUCATION IS COMPULSORY
- HEALTH EDUCATION IS COMPULSORY

Guidance does not apply to: Sixth Forms colleges, 16-19 academies or FE colleges

# What are the expectations for **Primary** Health Education?

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Mental wellbeing

Internet safety and harms

Physical health and fitness

Healthy eating

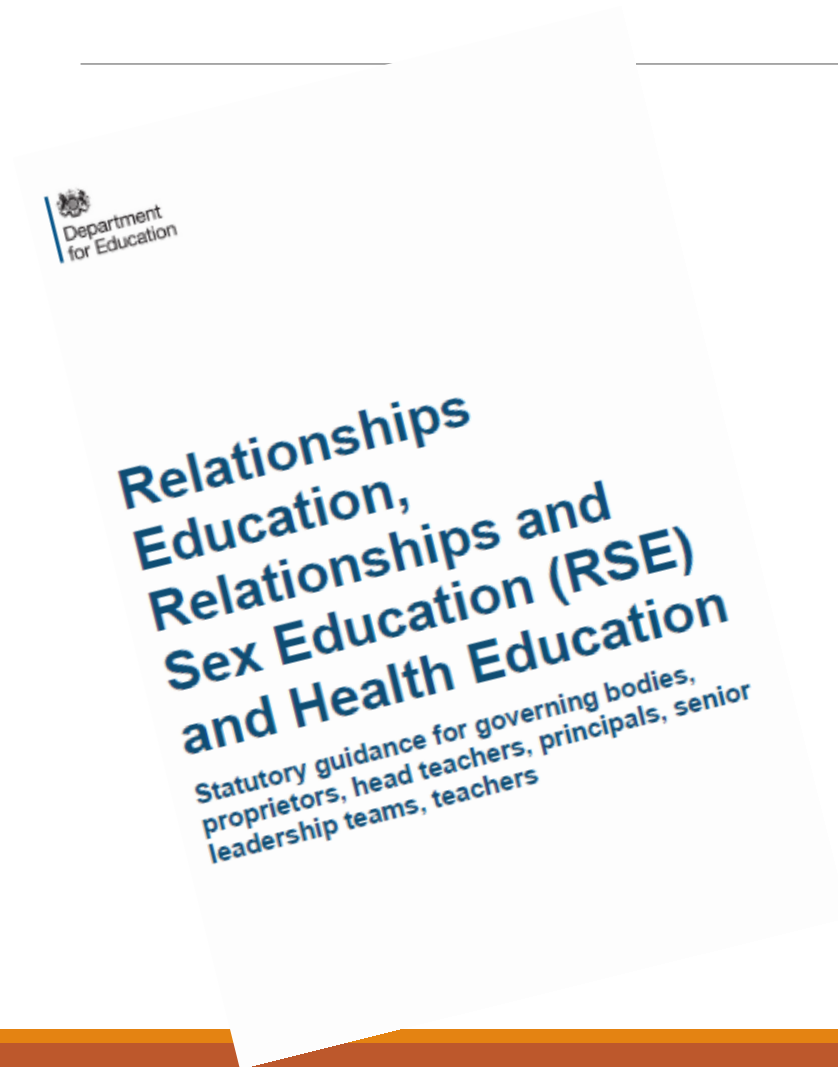
Drugs, alcohol and tobacco

Health and prevention

**Changing adolescent body**

# What are the expectations for **Primary** Relationships Education?

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Families and people who care for me

Caring friendships

Respectful relationships

Online relationships

Being safe

# Science and Sex Ed at KS1

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## SCIENCE KEY STAGE 1

identify, name, draw and label the basic parts of the human body (using scientific terms) and say which part of the body is associated with each sense

notice that animals, including humans, have offspring which grow into adults

NON STATUTORY NOTE: PUPILS SHOULD BE INTRODUCED TO ...THE PROCESSES OF REPRODUCTION AND GROWTH IN ANIMALS. THE FOCUS AT THIS STAGE SHOULD BE ON QUESTIONS THAT HELP PUPILS TO RECOGNISE GROWTH; THEY SHOULD NOT BE EXPECTED TO UNDERSTAND HOW REPRODUCTION OCCURS.

# Science and Sex Ed at KS2

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## SCIENCE KEY STAGE 2

describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird

describe the life process of reproduction in some plants and animals

describe the changes as humans develop to old age

learn about the changes experienced in puberty

**NON STATUTORY NOTE:** PUPILS SHOULD FIND OUT ABOUT DIFFERENT TYPES OF REPRODUCTION, INCLUDING SEXUAL AND ASEXUAL REPRODUCTION IN PLANTS, AND SEXUAL REPRODUCTION IN ANIMALS. PUPILS SHOULD BE INTRODUCED TO ...THE PROCESSES OF REPRODUCTION AND GROWTH IN ANIMALS. THE FOCUS AT THIS STAGE SHOULD BE ON QUESTIONS THAT HELP PUPILS TO RECOGNISE GROWTH; THEY SHOULD NOT BE EXPECTED TO UNDERSTAND HOW REPRODUCTION OCCURS.

# Keeping children SAFE

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Ignorance does not protect innocence...  
but may make children vulnerable.

PSHE (Personal, Social, Health Education) including Relationships Education, Health Education and Sex Education aims to keep children safe.

We believe we need to teach Relationships and Sex Education alongside the Science curriculum. To ensure that we keep our children safe.



# Today's considerations

The internet

Television

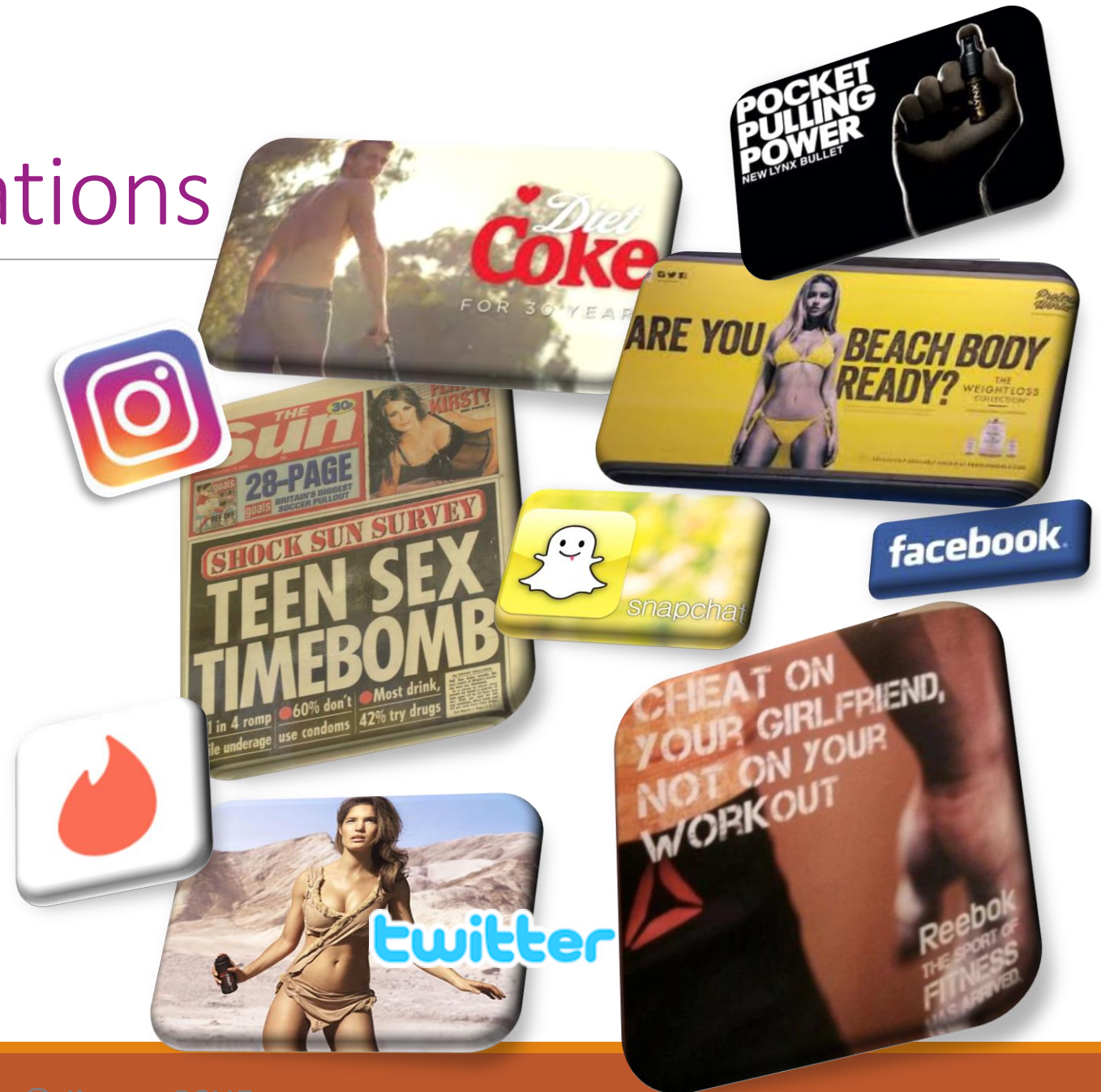
Social media

Other media

Friends

Family

School



# What 'messages' are in these TV scenes?





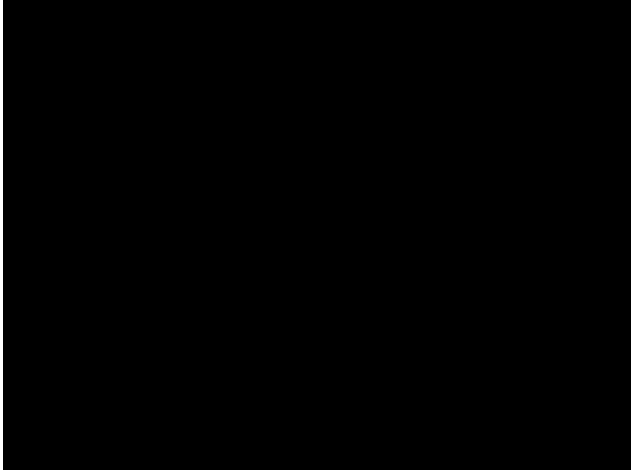


# Don't forget...

When it comes to sex, children's heads are probably not empty – but they may be full of myths and half-truths

Our focus should be on building healthy attitudes and positive relationships, not just fighting off perceived threats

# If RSE is so important, which approaches are best?



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Is there a  
better way?

Would accurate information at the right  
age and stage of development, coming  
from school AND home, be a better way?

## Why are LGBT issues included?

There has been much mis-information in the media about how LGBT+ issues are to be taught within the Relationships, Health and Sex Education curriculum in primary schools. We believe that all pupils should be taught about the society in which they are growing up. Relationships Education is designed to foster respect for others and for difference and educate pupils about healthy relationships. We also believe that children should receive teaching on LGBT content during their school years. Teaching children about the society that we live in and the different types of loving, healthy relationships that exist is very important.

### **The DFE have stated:**

“Pupils should be able to understand the world in which they are growing up, which means understanding that some people are LGBT, that this should be respected in British society, and that the law affords them and their relationships recognition and protections”

Sexual orientation is a protected characteristic, as defined by the Equality Act 2010, and therefore it is illegal to show prejudices against anyone for it.

Throughout our school we show respect for others and celebrated our differences.



# Schools must comply with The Equality Act 2010

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## **Relationships Education, Relationships and Sex Education (RSE) and Health Education**

Statutory guidance for governing bodies,  
proprietors, head teachers, principals, senior  
leadership teams, teachers

‘Schools must not unlawfully discriminate against pupils because of their age, sex, race, disability, religion or belief, gender reassignment...or sexual orientation (protected characteristics)

‘Schools should be alive to issues such as everyday sexism, misogyny, homophobia and gender stereotypes and take positive action to build a culture where these are not tolerated’

PSHE is a key part of this. All children are valued and included.

So, what, where, when and how  
do we do this...

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# Whole-school approach from 3-16

**Being Me in My World**

**Celebrating Difference**

**Dreams and Goals**

**Healthy Me**

**Relationships**

**Changing Me**



Relationships

Values

Mental health

Self-esteem

Social skills

Safeguarding inc.  
Internet safety



# How will we be teaching RSE?

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We have recently purchased 'Jigsaw, the Mindful Approach To PSHE'. You may have heard your child talk about this at home.

The Jigsaw PSHE Programme includes lessons on ALL aspects of compulsory Relationships and Health Education, designed in a sensitive, spiral, age-appropriate curriculum. The Jigsaw teaching materials integrate Personal, Social, Health Education (PSHE), emotional literacy, social skills, mindfulness, and spiritual development in a whole-school approach.

The expectations of the DfE Relationships and Health Education guidance are woven throughout Jigsaw but specifically covered in the Relationships and Healthy Me Puzzles (units), with puberty and human reproduction being taught in the Changing Me Puzzle.

What is  
included in the  
'Changing Me'  
unit?

Jigsaw's 'Changing Me' unit is taught over a period of 6 weeks, usually in the second half of the summer term. Each year group will be taught appropriate to their age and developmental stage, building on the previous years' learning.

At no point will a child be taught something that is inappropriate; and if a question from a child arises and the teacher feels it would be inappropriate to answer, (for example, because of its mature or explicit nature), the child will be encouraged to ask his/her parents or carers at home.

The question will not be answered to the child or class if it is outside the remit of that year group's programme

# The Changing Me Puzzle is all about coping positively with change and includes:

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Reception - Growing up: how we have changed since we were babies.

Year 1 - Boys' and girls' bodies; correct names for body parts.

Year 2 - Boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is).

Year 3 - How babies grow and how boys' and girls' bodies change as they grow older. Introduction to puberty and menstruation.

Year 4 - Internal and external reproductive body parts. Recap about puberty and menstruation. Conception explained in simple terms.

Year 5- Puberty for boys and girls in more detail including the social and emotional aspects of becoming an adolescent. Conception explained in simple biological terms.

Year 6 - Puberty for boys and girls revisited. Understanding conception to the birth of a baby. Becoming a teenager. All lessons are taught using correct terminology, child-friendly language and diagrams.



## So, what next?

As a school we are consulting with you about our scheme and policy for RSE.

The policy, presentation and further information can be found on our school website under RSE. The government guidance about RSE can also be found on our website. We would encourage you to read the guidance as well as our policy.

We invite all parents and carers to submit comments and questions regarding our policy and proposed scheme. If you wish to make submit a comment or query, please contact us via [ask@priestley.wilts.sch.uk](mailto:ask@priestley.wilts.sch.uk) before Monday 17<sup>th</sup> May 2021.