

## Dressing up day ideas

# Vikings

So you're having a Viking dressing up day? Don't panic! Even if you'd forgotten about it until 8pm the night before, you can still manage to whip up a costume with some simple items in your house. There's no need for any buying or sewing!

### Viking Warrior

Both boys and girls can play warriors.

- A long sleeved, oversize plain T-shirt, any colour but muted ones are best. Borrow your parents' or big brother's.
- A thin belt, leather or fabric. A plain tie-belt from a dressing gown will do at a push.
- A pair of plain dark leggings or jogging bottoms
- Two strips of fabric to wrap the bottom half of the legs in (optional)
- A rectangle of fabric for a cloak, held by a pin or brooch
- Plain dark shoes or short boots



### Viking Lady

- A plain coloured long dress or top and skirt
- An apron dress (this can just be a rectangle of fabric with a hole cut in it for the head – an old sheet is perfect.) At a push, a plain kitchen apron will do.
- A thin belt
- A pair of round or oval brooches, which will fasten onto the apron dress just below the collar bones. Decorated card with safety-pins on the back is fine.
- A string of beads to hang between the two brooches
- Plain dark shoes or short boots
- Hair plaited in a single plait at the back
- A plain headscarf (optional)
- Ladies can also wear cloaks if desired

