

Physical Development

Practise dressing and undressing by offering lots of dressing up clothes and role play.
Make a dressing board with poppers, buttons, buckles and zips.
Can your child manage the toilet themselves? Make this fun with a reward chart for every time they do this to help encourage this very important skill.
Enjoy some packed lunch meals out at the park or back garden picnics. This will help them to open and close their own lunch boxes and manage the items and packaging inside.
Set up obstacle courses so that the child can practise their gross motor skills and move with awareness of the space around them.
Make a game of putting our own shoes and coats on.
Encourage the little ones to carry a small rucksack with them when you go to the park or shops. This will encourage independence and make it easy for them when they have to do it every day. Pop their water bottle and a snack in their rucksack for them to look after.

Personal, Social and Emotional

Play board games together to encourage turn taking and sharing.
Lots of love and cuddles!
Trips to the park, play dates and other social activities to mix with others.
Make a starting school book together. Draw pictures of things that you might do, people you might see, games you might play. How will you get there? Walk, scooter, bus? What would you like to eat in your lunch box or for your school dinner?
Give the child the time and space to talk through any worries or fears.
Make a list of things that make us good friends, such as helping each other, asking them to join your games.

Communication and Language

Make up some fun games that involve following a small set of instructions. This will encourage listening skills, processing information and following instruction.
Play some fun games to help develop communication and language skills.
When at the shops, ask them to find an item from your list and then ask them to tell you two things about the item. Its colour, shape, what is it used for?
Look for objects around you and clap the syllables as you say them. This will help children to break down word sounds.
Play "I Spy!"
Lay on the grass and close your eyes. Take turns to say one thing that you can hear.
Play "Simon says..."
Enjoy lots of conversations together. Mealtimes are good for this as you are all together and can build on conversation and listening skills in a relaxed and natural way.

Supporting School Readiness

Books: *Starting School* by Janet & Allan Ahlberg. *Starting school* - Usborne sticker book. *Lucy and Tom go to School* by Shirley Hughes.

Practise tracing over pictures and words such as our own names.
Use sticks to write our names in the sand, paint with water on the patio. Paint over chalked names on the patio.
Add their name to their peg at home, make place mats with their name on to help them recognise their own name in the environment.
Introduce a daily circle time/ story time. Start with 5 minutes and build this up to 10 minutes over the summer period. This will help them to focus while sitting for short periods.
Look at picture books together and ask the child to tell you a story about what is happening in the book.

Literacy

Lots of number rhymes.
Go on a number hunt around the house or out in the street on the way to the park or whilst in town.
Offer the children a number bingo board to mark off each number they find with a pen or sticker.
Play board games that involve dice and number recognition.
Provide lots of play with tape measures, rulers, dominos, playing cards and other numerical items.
Stacking dolls are a fun way to introduce sequencing and encourage size language.

Mathematics

Set up a role play area "school". Offer paper and pens, small tables and chairs, books, a chalk board and chalks, teddies to become students. The children can take turns to be the students or the teacher.
Encourage the children to name their own pictures and pieces of art. You could help them by writing it first and they can copy over the top.
Make a junk model of their school or class room and pop some small-world figures into them.
Use the small-world figures to create "first day at school" stories and listen to the narrative the children give their play. It will give you an insight in to how they might be feeling about the transition.

Expressive Art and Design

Set up a role play area "school". Offer paper and pens, small tables and chairs, books, a chalk board and chalks, teddies to become students. The children can take turns to be the students or the teacher.
Look at books about starting school.
Talk about their visit days with them and ask about the routines they took part in.
Talk about their family. Do they have siblings or cousins at school? What things do they do there?
Create a family tree to see where they are in their world. Maybe draw their home, colour the door the same as the door at home, write the number on the front.
Walk around the community and maybe past the school they will be attending. Look at the roles different people have in the community.

Understanding the world